

WEEK 3

W/C: 14/11 05/12 16/01 06/02 27/02 20/03

HOT SPECIALS...

DAILY FAVES...

PICK A PUD!

MONDAY

Pesto Pasta Bake 
Served with Two Vegetables

Vegetarian Bolognese   
Served with Wholemeal Pasta

Packed Lunch
See below for details
Jacket Potatoes  
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Strawberry Ice Cream

TUESDAY

Sweet and Sour Chicken 
Served with Wholegrain Rice

West African Vegetable Rice  
Served with Two Vegetables

Packed Lunch
See below for details
Jacket Potatoes  
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Fruity Flapjack Bar 

WEDNESDAY

Roast Pork
Served with Roast Potatoes, Two Vegetables and Gravy

Vegetable Pastry Roll 
Served with Roast Potatoes, Two Vegetables and Gravy

Packed Lunch
See below for details
Jacket Potatoes  
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Fruit Jelly and Custard 

THURSDAY

Cottage Pie 
Served with Two Vegetables

Vegetarian Cottage Pie  
Served with Two Vegetables and Gravy

Packed Lunch
See below for details
Jacket Potatoes  
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Carrot Cake with Citrus Frosting

FRIDAY

Southern Fried Chicken
Served with Chips and Two Vegetables

Vegan Meatballs in Tomato Sauce  
Served with Chips and Two Vegetables

Packed Lunch
See below for details
Jacket Potatoes  
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Chocolate Slice

PACKED LUNCH - AVAILABLE DAILY
HAM AND CHEESE
WITH VEG STICKS AND FRESH FRUIT OR DESSERT OF THE DAY
ALL MAIN MEALS SERVED WITH TWO VEGETABLES

THREE WEEK MENU

AUTUMN/WINTER 2022

£2.41

OUR NEW MENU
CHOSEN BY
PARENTS AND
CHILDREN

YOUR
FAVOURITES
AVAILABLE
EVERY DAY



WEEK 1

W/C: 31/10 21/11 12/12 02/01 23/01 06/03
27/03

WEEK 2

W/C: 07/11 28/11 09/01 30/01 20/02 13/03

HOT SPECIALS...

DAILY FAVES...

PICK A PUD!

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DAILY FAVES...

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MONDAY

Macaroni Cheese 
Served with Two Vegetables

Vegetarian Sausage 

Served with Mashed Potato and Gravy

Packed Lunch
See below for details
Jacket Potatoes  
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Vanilla Ice Cream

MONDAY

Vegetable Korma  

Served with Wholegrain Rice

Mixed Bean Pasta  

Served with Stromboli Pizza Wedge

Packed Lunch
See below for details
Jacket Potatoes  
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Jam Sponge

TUESDAY

Chicken Pie
Served with Mashed Potato and Gravy

West African Vegetable Rice  
Served with Two Vegetables

Packed Lunch
See below for details
Jacket Potatoes  
with a choice of hot and cold fillings, including Salmon Mayonnaise 
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Hot Chocolate Sponge served with Chocolate Custard

TUESDAY

Pork Sausages
Served with Mashed Potato, Two Vegetables and Gravy

Sweet Chilli Vegetable Noodles   
Served with Two Vegetables

Packed Lunch
See below for details
Jacket Potatoes  
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Orange Shortbread 

WEDNESDAY

Roast Turkey
Served with Roast Potatoes, Two Vegetables and Gravy

Vegan Sausage Casserole  
Served with Two Vegetables

Packed Lunch
See below for details
Jacket Potatoes  
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Oat Cookie served with Fruit Slices 

WEDNESDAY

Roast Chicken
Served with Mashed Potato, Two Vegetables, Yorkshire Pudding and Gravy

Vegetable Pie 
Served with Mashed Potato, Two Vegetables and Gravy

Packed Lunch
See below for details
Jacket Potatoes  
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Chocolate Ice Cream

THURSDAY

Beef Bolognese  
Served with Wholemeal Pasta and Two Vegetables

Chinese Vegetable Rice 
Served with Two Vegetables

Packed Lunch
See below for details
Jacket Potatoes  
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Pineapple Upside Down Cake 

THURSDAY

Beef Lasagne
Served with Garlic and Herb Bread Wedge

Cauliflower and Sweet Potato Masala   
Served with Wholegrain Rice and Two Vegetables

Packed Lunch
See below for details
Jacket Potatoes  
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Raspberry Ripple Cake

FRIDAY

Breaded Fish
Served with Chips and Two Vegetables

Quorn Dippers 
Served with Chips and Two Vegetables

Packed Lunch
See below for details
Jacket Potatoes  
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Lemon Slice

FRIDAY

Breaded Fish
Served with Chips and Two Vegetables

Quorn Dippers 
Served with Chips and Two Vegetables

Packed Lunch
See below for details
Jacket Potatoes  
with a choice of hot and cold fillings
Tomato Pasta  
Fresh, homemade tomato and basil sauce with penne pasta

Peach Slice 

PACKED LUNCH - AVAILABLE DAILY

HAM AND CHEESE

WITH VEG STICKS AND FRESH FRUIT OR DESSERT OF THE DAY

ALL MAIN MEALS SERVED WITH TWO VEGETABLES

AVAILABLE EVERY DAY

WATER, SALAD, FRESHLY BAKED BREAD,
YOGHURT & FRESH FRUIT

 Vegetarian  Oily Fish  Wholegrain  Fruity!  Nutritionist's Choice  Halal Available