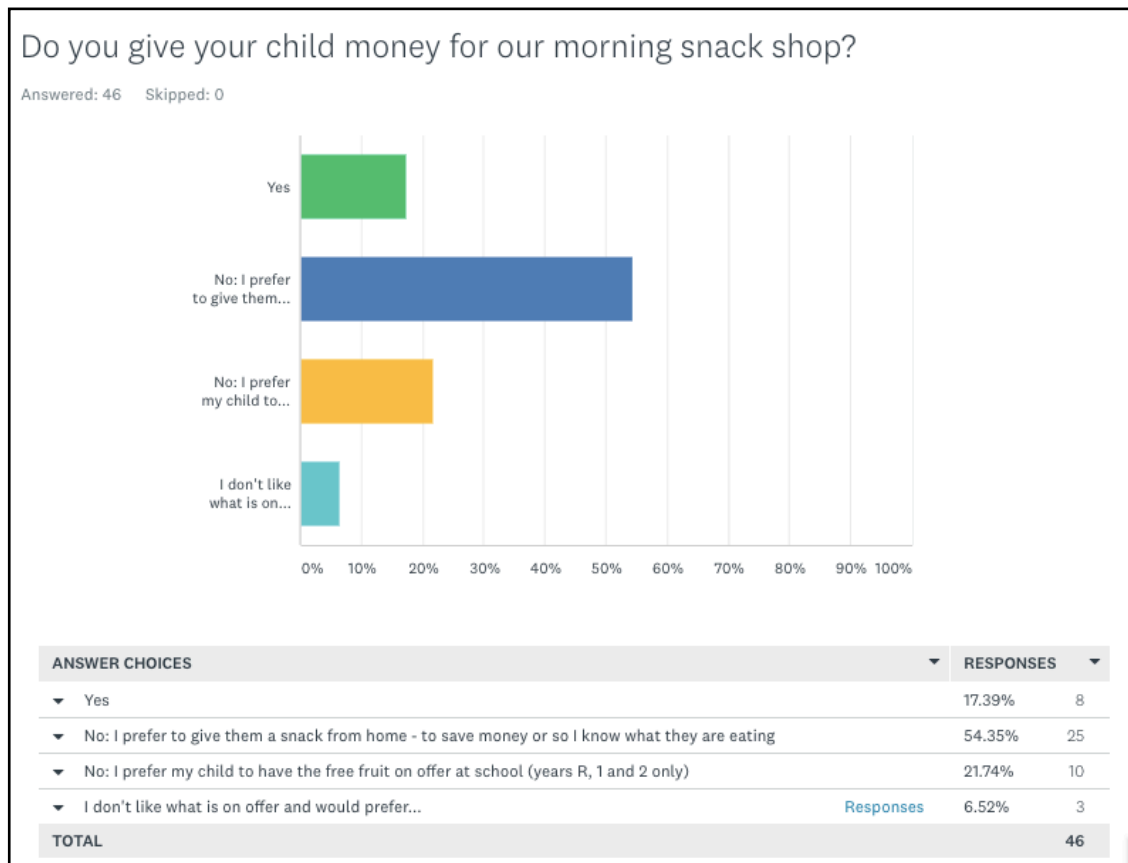
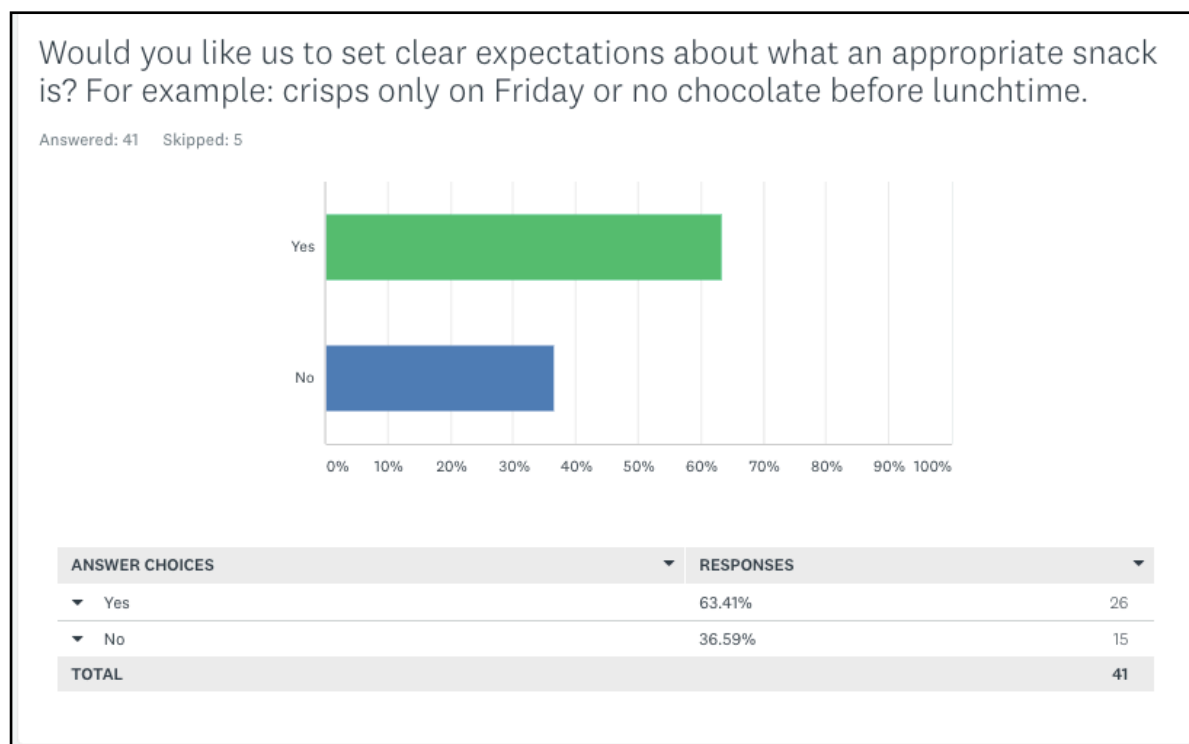


Results of the food and snacks survey April 2019



- No sausage baps or unhealthy options
- I would like to know what they can have before I give him money
- More fresh choices and less heavy wheat based options.



Further comments:

- I fully support you encouraging healthy eating habits. I'd support a ban on all unhealthy snacks, with just fruit, etc for snacks
- As a parent of a year 1 child I am not aware of what is allowed on or offer at any time so some info would be greatly appreciated. Didn't know you even had a tuck shop at break! Thanks
- I think this can be taken much further and have been thinking about bringing it up; I think a complete ban on chocolate altogether would be more appropriate. I'm shocked it's allowed at school at all. My children only have chocolate as a very,very occasional treat and seeing their school friends eating unhealthy snacks daily makes it more difficult for me. Also "rewards" from teachers in the form of sweets and having biscuits in constant supply for the children at certain school events sends the wrong message that this is the norm. It's a huge missed opportunity to educate the children about healthy eating.
- I am happy for my child to have the hot snack provided by the school canteen. I think bex is excellent! 🍌
- I think the school lunches are well balanced and my child often chooses not to have a pudding. The only drink she ever has anywhere is water. I don't need or want a school policy on snacks.
- I am happy with the variety that I provide my child so would not like it dictated to as to what they can or can't have. We eat a very balanced diet, so if I prefer to give her a pack of crisps as a treat mid week I would like that freedom.
- My son (year 2) used to have the free fruit everyday but he says that it's been moved closer to the Dingy class and they struggle to get some now. I would much prefer him to have fruit whenever possible.
- I think the morning tuck shop should only be healthy options (no sausage baps, prawn crackers, sugar drinks). I find the school desserts too unhealthy too and have written to the meal company about there overuse of red meats/processed meats - it lacks variety.
- Yes I'd like rules, that parents and kids know about, crisps only on a Friday (thought that was an ongoing thing anyway). Kids shouldn't have chocolate in there lunch every day, not just be for lunch!!!!
- Thank you for feeding our child every day!
- I think it would be great if the importance of nutrition is talked about as much as possible in school.
- healthy food, locally sourced & home cooked & no or minimal package is massively important to me & I feel the children should be shown a good example & encouraged down this route
- possibly crisps only once a week (twiglets are fine every day) and chocolate only once a week after food. No sweets.
- XXXXXX(y2) would like the fruit snack but says it is kept in a room they no longer have access to. I like that treats are reserved for a Friday so it stays a treat. Alternatively encouraging parents to pick healthier snacks for the whole week...5 by Friday...see if they can have fruit and/or vege for each snack and the class with the highest percentage of 5by Friday get an extra 5 mins playtime or win the trophy for the week or something along those lines?
- No fizzy drinks would be a good policy.
- Please clarify what mid morning tuck is available to buy. We give Xxxxxxxx tuck money when she has school lunch on Friday but are unclear whether it would be best to send her in with a fruit/healthy snack instead. If the tuck is healthy and nutritious that is fine. Please clarify. Thanks